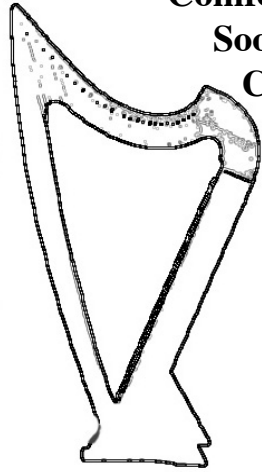


Harp Instead

The Gift of Music
Comforting
Soothing
Caring



In all cultures, music uplifts and calms the listener providing health benefits:

- Oliver Sacks (Awakenings) wrote: “The power of music to integrate and cure...is quite fundamental. [It is the] profoundest non-chemical medication.”
- Cardiologist Dr. Raymond Bahr claims an hour of music produces the same effect as ten milligrams of valium.
- Recent studies by the International Harp Therapy Program found nearly 100% of patients reported anxiety relief and 72% found pain relief when harp music was part of their treatment. This relief also transfers to caregivers and family members! Harp Instead provides comfort to patients, caregivers and family.

Send **Harp Instead** of flowers and send a gift that keeps giving with every remembrance.

Harp Instead provides Private Visits and Concerts of Comfort.

Private Visits by Harp Instead:

The beauty and the intimacy of the music lingers for days. Harp music with its resonant and gentle qualities provides a gift far more beneficial and lasting than candy, cards or flowers.

Private visits are made by appointment subject to approval by the facility management. In general, Harp Instead visits are best during normal visiting hours.

- Visits last for 30 minutes.
- The harp is played next to the recipient.
- Music is tailored to the recipient.
- The sponsor of the Harp Instead gift is encouraged to be present.
- Gift cards are available.
- Non allergenic
- Currently available only in Dupage County, Illinois.

The therapeutic effects of harp music are noninvasive, free of negative side effects and completely personal:

- Music reaches a person beyond the influence of drug therapies.
- Personalization of the music can aid recollection of pleasant memories while providing diversion and relaxation for the recipient.

Since pain is a subjective experience, unique treatments like a Harp Instead performance provides a solution found no place else! Through its caring and personal approach, Harp Instead makes the recipient feel special.

The memory of beautiful music has a lingering positive effect.

**Harp Instead by Barbara Ann Fackler www.harinstead.com
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